

**Roy & Joanne's Serenity Garden, Spanaway, WA
Kerri Bailey, Herbal Elements.net**



I had the pleasure of designing a beautiful Serenity Garden with the help of home owners Roy & Joanne in Spanaway, WA. Roy and Joanne already had many aspects working for them, plenty of local native plants, trees & shrubs and a natural backdrop buffering a state park.

We created a meandering pathway lined with stones and moss with the soft look of bark. Flowering ground covers spill over the rocks adding color and grasses for texture. Plants were arranged in their pots to set out the look we wanted to create for viewing out of their living room window.



Place plants in odd numbers, adding flowering shrubs for height. We added compost to raise elevation to the bed and a dry "creek bed" with round stones for dimension and added interest. A bird bath, bird feeders and hanging fuchsia baskets were added to feed

our feathered friends. Blooming and fruiting shrubs also provide for butterflies, bees and other wildlife.



The next phase of the project- a Labyrinth was created by the homeowners. You find it as you walk the path and around the corner lies the entrance. The Labyrinth is a path way designed in a circular or spiral shape that is a special spiritual or Zen place. As you walk the path you pray or mediate releasing stress and tension. An angel statue was added to symbolize blessings and to personalize the space.



This project was very rewarding in many ways. Roy and Joanne have their serenity garden completed beyond their satisfaction as well as providing a sacred place for physical and emotional healing. Gardening and being in your garden can be its own special type of therapy!

If you would like to learn more about Serenity Gardens,
please visit www.herbalelements.net